

# Japanese massage

## Body massage

- chronic fatigue
- stiff shoulders
- low back pain
- stress reduction

▪ 20minutes            ¥2,110

Only 2 parts of the upper half or the lower half of the body.

▪ 40minutes            ¥4,190

▪ 60minutes            ¥6,290

▪ 80minutes            ¥8,380

▪ 100minutes          ¥10,480

▪ extension of 10 minutes      ¥ 1,100

} whole body

## Foot massage

- swollen legs and foot
- stiffness and dullness
- poor blood circulation
- sleeplessness
- disorder of internal organs

▪ 20minutes            ¥2,190

Only foot

▪ 40minutes            ¥4,380

Foot and calves

▪ extension of 10 minutes      ¥ 1,120

## Body massage + Stretch

- stiff shoulders
- low back pain
- sleeplessness
- prevent fatness

▪ 40minutes            ¥4,420

▪ 60minutes            ¥6,420

▪ 90minutes            ¥9,570

▪ extension of 10 minutes      ¥ 1,140

} whole body

